



# EXPLORE DISCOVER SURVIVE

## SCHOOL SURVIVAL COURSES

CHOOSE FROM A NUMBER OF COURSE TYPES

HALF DAY | FULL DAY | 24 HOUR | UP TO A FULL WEEK

WE WILL TRAVEL TO ANY SUITABLE LOCATION NEAR YOUR SCHOOL



**“TELL ME AND I FORGET, TEACH ME AND I MAY REMEMBER, INVOLVE ME AND I LEARN”** BENJAMIN FRANKLIN

[www.elitesurvivaltraining.com](http://www.elitesurvivaltraining.com) • +44 01604 415697 • +44 07804 915407

# ABOUT US

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Elite Survival Training offers a unique and inspirational outdoor activity for IB students, providing the opportunity to develop knowledge, skills, attitudes and values through hands on, forest-based experiences.

Through the application of practical survival techniques students will develop timeless skills which have real world applications.

Our training events have been designed to support the Middle Years IB Programme curriculum. We have developed our activities around the IB 'Areas of interaction', as these are embedded and natural elements of the wider IB curriculum and a means for 'inspiring special activities':

- 01120&00340 0&2000 through inspirational team activity and reflective group work;
- 00. . 5028&003026000 through consideration of the needs and concerns of other people, within the immediate group and globally;
- 006200. 0043 through developing an understanding of global sustainability and individual environmental responsibilities;
- 00&403&00300&-0050&40 through participation in emergency situation simulations and taking responsibility for the care of others.

Activities are designed to be fully inclusive and non-physical. Survival experiences can be fully customised to meet budget, timing and educational requirements.

Students will be led through outdoor activities by a team of highly qualified instructors. These instructors have many years experience working with students of all ages and abilities, using encouragement and enthusiasm to inspire groups to achieve their goals.

For more information on how Elite Survival Training can support your students, please contact John Sullivan, +44 1604 415697 / +44 7804915407

Further information on the range of opportunities available through Elite Survival Training, including activities for staff, can be found on our website 777 00435266&-42&00000000.



# CAMPING OUT



Using the shelters they built earlier in the day, students will now have the chance to sleep out under the stars. This could be in the school grounds or in local woodland.

# FIRE



## Fire Lighting Skills...

Students will learn the most effective way to light a fire - using different local materials for different situations. This could be silver birch bark, dried grass, any number of natural materials. The students will receive close guidance and support, with firm emphasis on preparation and safety.



# FIRST AID



Here at Elite Survival, we are 100% committed to the safety of our students. We make sure they learn a range of valuable wilderness first aid skills - from treating a twisted ankle to practising CPR.

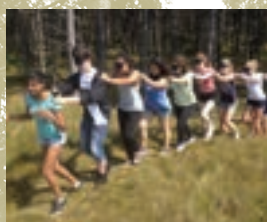
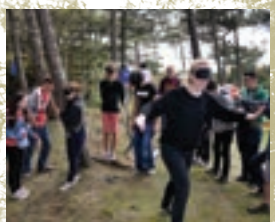
# FOOD PREPARATION & COOKING



From cooking marshmallows over a fire to gutting fish. Students will learn how to prepare and cook all kinds of food in the wild. Many students find this the most satisfying part of the course – preparing the food and then consuming the fruits of their labour!



# PROBLEM SOLVING & TEAM WORK



Students will face several challenging problem-solving tasks. This could range from building a shelter, filtering water, signalling for help. Such cooperative activity will encourage them to learn the value of team work and communication.



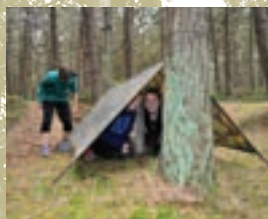
# SEARCH & RESCUE



Students will learn how to search a large area of land to find a missing person. On finding them, they will have to make a stretcher and carry that person back to safety. Again, this is a great exercise in team-work.



# SHELTER BUILDING



Students will work in small teams to build a variety of emergency shelters using a combination of natural and man-made materials. They'll learn how to pick both the right spot and the right materials to make a shelter that is both secure and weather-proof.

# SIGNALLING



## Signalling for help...

Students will learn several methods of signalling for help - using a mirror, space blankets and signal fire to name just a few.



# TEAM EXERCISE



## Confirmation of learning

Teams will complete a search and rescue exercise putting all their new found skills to the test.

The team exercise will allow students to bring their new found practical skills together, incorporating these with communications, team work and prioritisation. They will be pitched against the other teams as the ultimate showcase for their learning.

# WHO ARE ELITE SURVIVAL?



We're a highly trained and motivated team.

All our instructors are ex-military personal or current expedition leaders with extensive experience in surviving in extreme conditions from the Arctic, Desert and Jungle.

Our aim is to inspire people of all ages and from all backgrounds to learn the art of survival in unfamiliar surroundings.

We offer survival courses for schools and for adults. These take place in woodland or in an environment of your choice. We also run expeditions to remote parts of the world and give motivational talks to schools.

Our philosophy is simple -  
We inform. We encourage. We enthuse.

Through lively demonstrations and plenty of hands-on practice, your students will learn the principles of survival, along with an appreciation of the environment and the earth's natural resources.

Most important of all, they will have fun.

Whatever package you choose it will be tailor-made to match your requirements.

# TESTIMONIALS



## **Jane Barnes - Head of Year 10 The International School of the Hague, Holland**

John and his team delivered survival training to our entire Year 10 on the island of Ameland, which is situated off the North coast of the Netherlands. One hundred forty students attended the week.

Through a range of outdoor activities the students learned new skills; faced personal challenges to enhance their confidence and worked closely in teams. Throughout, the Elite Survival Instructors inspired total confidence in staff regarding both safety and their interactions with the young people. Their experience of school groups and their expertise in their fields were strongly in evidence.

By the end of the activities we noticed that many students were mixing more freely and expressing the value of what they had learned. A lot of positive feedback has been received from staff, students and parents. We are grateful for the professionalism of The Elite team and have re-booked them for next year.

*Jane Barnes*

The International  
School of the  
Hague, Holland

# TESTIMONIALS



**John Mason**  
**Head of Year 11**  
**Kettering Buccleuch Academy**

'I knew that the day that our Year 11 students was going to be good even before I experienced the activities myself. The first group came back to school and asked me if they could go again the next day. Even the less adventurous students enjoyed it. When it was my turn to go with a group of students it was easy to see why. The activities were real and challenging - they stretched the students and demanded that they work as a team. The instructors were fantastic - confident, funny, enthusiastic, patient and thoroughly professional. The students could relate to them and were inspired by them. The level of detail in the planning was exceptional. A great experience for all!'

**Kettering  
Buccleuch  
Academy**

*John Mason*

# TESTIMONIALS



## Assistant Head Years 5 and 6, Bedford School

Dear John

We would just like to thank you, James and Oz for making the recent Year 8 Survival Camp at Ickwell such a successful event. As you know, we have used leading 'Bushcraft' companies in the past and there is no comparison, in terms of the skills, staff and experience, which your company offers in this field. It is rare that a company delivers what they promise but Elite Survival did exactly that, taking the trouble to meet us for a pre-site visit, meticulously planning a programme tailored to the needs of our pupils and delivering a memorable experience to all concerned.

Not only did you teach our pupils how to light fires, build shelters and develop team building skills but you also took the time to get to know them too. You and your staff were friendly, approachable and knowledgeable; there was just the right amount of firmness shown when it was needed and you also earned their respect by the manner in which you interacted with all the boys on a personal level.

We would highly recommend you to any School who would like to use your company in the future and we all look forward to seeing you again in September when you will be working with our Y6 year group.

Very many thanks.

*Mike Mallalieu,  
Jane Di Sapia and Peter Milton*

Bedford School





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